



- Describe what you want by year-end
- List what must be done to make it happen by when; task against time.

- What went well for you?
- What worked?
- What were you happy about?
- How's your health?
- Did you get some cash in the bank?
- Did you drive down credit card debt?
- Is your family-life happy?
- Do you have an increased sense of security and well being?

When?

Plan

Observe

What?

implement



Diagnose

Why?

Reflect

How/who?

- What were the motivations that drove the "script."

- Write the script for the year, as if watching a movie.

